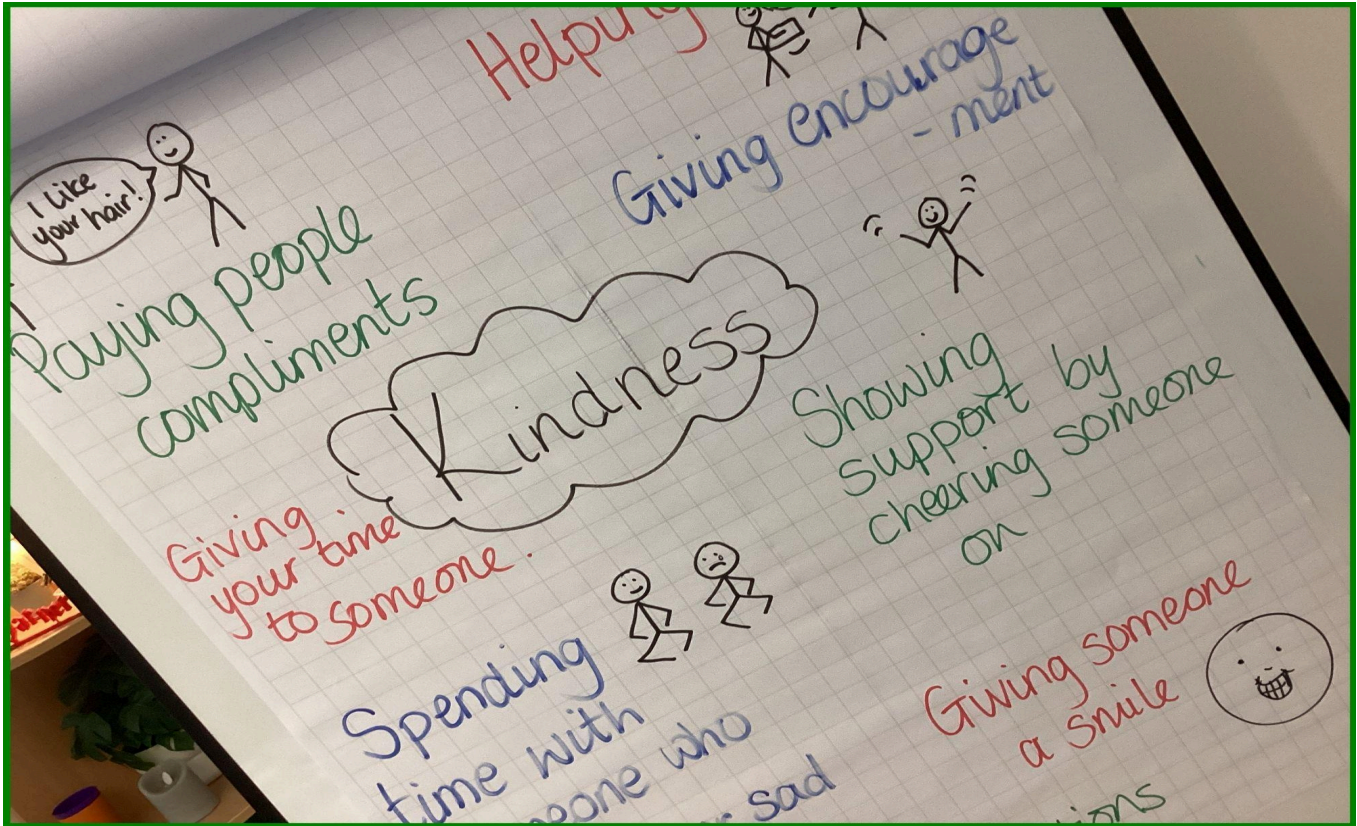


# NEWSLETTER

Friday 3rd July 2026



## Healthy Minds, Happy Hearts!

*This week on the blog: SCARF, Geography, Violin and Joy!*

This week, Year R enjoyed a fun SCARF workshop with Gerald the Giraffe, learning how food, water, sleep, exercise and fresh air help keep us healthy. Year 1/2 became geographers, exploring Rownhams to identify human and physical features before creating their own maps of the local area and school. Year 3/4 delighted families with a wonderful violin concert, proudly showcasing the musical skills, confidence and teamwork they have developed through weekly practice. Meanwhile, Year 5/6 celebrated JOY Day, reflecting on the importance of kindness, compassion and giving to others. Inspired by *The Good Samaritan*, they created affirmation stars filled with thoughtful messages for their classmates, reminding everyone that sharing kind words and caring for others brings happiness to our whole school community. For pictures and more [click here](#) to view our blog webpage.

## Our Bible Verse this week:

**'Let us hold firmly to the hope that we have confessed. God can be trusted to do what he promised.'** Hebrews 10:23

# IMPORTANT DATES 2025-2026

[\(click here for Hampshire Term dates\)](#)

Event	Date/Time	Who for
<b>Summer Term</b>	<b>Monday 13th April - Wednesday 22nd July</b>	<b>Whole School</b>
Year 1/2 Victorian Dress-up	Tuesday 7th July	Year 1/2
Year 1/2 Parent Outcome	Tuesday 7th July 2.30-3 pm	Year 1/2 Parents
Southampton City Art Gallery Trip <b>Sign up on Arbor under 'Trips'</b>	Thursday 9th July	Year 3/4
Last Karate Lesson of the Year	Monday 13th July	Whole School
Last Keyboard Lessons	Tuesday 14th July	Select Students
Year 5/6 Star Warts Afternoon Performance <b>Request tickets <a href="#">here</a></b>	Tuesday 14th July 1.30-3pm	Year 5/6
Year 1/2 Transition Meetings	Tuesday 14th July 3.30-4.45 pm	Year 1/2
Year 5/6 Star Warts Evening Performance <b>Request tickets <a href="#">here</a></b>	Tuesday 14th July 6.30-8 pm	Year 5/6
Year 3/4 Art Gallery Parent Outcome	Wednesday 15th July 2.30-3.15 pm	Year 3/4
Year 3/4 Transition Meetings	Wednesday 15th July 3.30-4.45 pm	Year 3/4
Prefect Cinema Trip	Wednesday 15th July 1.15-3.15 pm	Year 6
Year 5/6 Star Warts Evening Performance <b>Request tickets <a href="#">here</a></b>	Wednesday 15th July 6.30-8 pm	Year 5/6
Year 5/6 Transition Meetings	Thursday 16th July 3.30-4.45 pm	Year 5/6
Open Afternoon & Art Exhibition <b>Further details to follow</b>	Monday 20th July 3-5 pm	Whole School
Year 6 Leavers Celebration	Monday 20th July 1.30-3.15 pm	Year 6
Year 6 Leavers Day at the Church	Tuesday 21st July	Year 6
<b>Last Day of Term - 1.15pm finish</b> There will be no afterschool club	<b>Wednesday 22nd July</b>	<b>Whole School</b>
<b>Summer Holiday</b>	<b>Thursday 23rd July - Monday 31st August 2026</b>	<b>Whole School</b>
<b>Autumn Term</b>	<b>Tuesday 1st September - Friday 18th December 2026</b>	<b>Whole School</b>

# IMPORTANT DATES 2025-2026

[\(click here for Hampshire Term dates\)](#)

Event	Date/Time	Who for
<b>INSET DAY</b>	<b>Tuesday 1st September 2026</b>	<b>Whole School</b>
First Karate Lesson of the Year	Monday 7th September 2026	Whole School
<b>INSET DAY</b>	<b>Thursday 22nd - Friday 23rd October</b>	<b>Whole School</b>
<b>Autumn Half-Term</b>	<b>Monday 26th October - Friday 30th October 2026</b>	<b>Whole School</b>
Flu Immunisations	Thursday 12th November 2026	Whole School
<b>Christmas Holidays</b>	<b>Monday 21st December - Friday 1st January 2027</b>	<b>Whole School</b>
<b>Spring Term</b>	<b>Monday 4th January - Thursday 25th March 2027</b>	<b>Whole School</b>
<b>Spring Half-Term</b>	<b>Monday 15th February - Friday 19th February 2027</b>	<b>Whole School</b>
<b>INSET DAY</b>	<b>Monday 22nd February 2027</b>	<b>Whole School</b>
<b>Easter Holiday</b>	<b>Friday 26th March - Friday 9th April 2027</b>	<b>Whole School</b>
<b>Summer Term</b>	<b>Monday 12th April - Wednesday 21st July 2027</b>	<b>Whole School</b>
<b>INSET DAY</b>	<b>Friday 28th May 2027</b>	<b>Whole School</b>
<b>Summer Half-Term</b>	<b>Monday 31st May - Friday 4th June 2027</b>	<b>Whole School</b>
<b>Summer Holiday</b>	<b>Thursday 22nd July - Tuesday 31st August 2027</b>	<b>Whole School</b>

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## Reading Challenge

The winners for this week are:

Team 5/6	Willow
Team 3/4	Aspen
Team 1/2	Elm

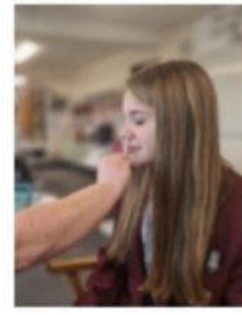


## Flu Vaccine

The NHS School Age Immunisation Service are planning the roll out of the 2026 winter flu vaccination programme to all year groups. The service offers the flu vaccine between September and December. You will receive an email, with details on how to complete the online form, for your child to receive the vaccine in school.

Flu can be a very unpleasant illness for children and young people. High vaccine uptake reduces the risk of flu spreading rapidly in school settings. This helps ensure they remain well, do not miss school days and continue to learn. Vaccinating children also helps protect others who are at higher risk of getting seriously ill from flu, such as babies, anyone who's pregnant and older people.

**The vaccine is given as a painless nasal spray. An alternative porcine free injection is offered to those who cannot have the nasal spray.**



**Vaccines offered to secondary age students during the spring and summer term include:**

### **Human Papillomavirus (HPV)**

HPV vaccine is offered to boys and girls in year 8. This vaccine protects against different types of cancers in the future.

### **Meningitis ACWY (MenACWY)**

Meningitis vaccine is offered in year 9. This vaccine protects against four different strains of bacteria (groups A, C, W, Y) and protects against Meningitis and Sepsis (blood poisoning).

### **Tetanus, Diphtheria and Polio (3-in-1) booster vaccine**

The 3-in-1 booster vaccine is offered in year 9. This vaccine protects against serious and potentially life-threatening diseases and provides long lasting immunity against these specific conditions.

Community clinics are available during the school holidays for missed vaccinations.

Find out more about the vaccine programmes and our contact details here:

<https://www.healthforkids.co.uk/hampshire/collections/school-age-immunisation-service/>

## Local events and information:

# Next Week at Re:Minds

6-10<sup>th</sup> July

To book in for an advice clinic, please email [info@reminds.org.uk](mailto:info@reminds.org.uk). No need to book for a support group, just check the events section of our Facebook group or email us to receive the link to join.



With thanks to:



## Eating Disorder Advice Clinic

5pm, Monday 6<sup>th</sup> July

### About the Clinic

Book a **private, 15-minute virtual appointment** to speak with a specialist clinician from the **CAMHS Eating Disorder Team** for advice and guidance on:

- Eating disorders / disordered eating
- Changes in eating patterns
- Increased or concerning activity levels
- ARFID / relationship with food
- Any other concerns related to eating

To book your advice slot, please email:

[info@reminds.org.uk](mailto:info@reminds.org.uk)



## Virtual Support Group

For parents and carers of children who are neurodivergent and/or have mental health needs

6:30pm  
Monday  
6<sup>th</sup> July



This is a chance to get advice, support and meet others who understand what you are going through from the comfort of your own home.

If you would like some individual advice we can use a breakout room to speak to you during the meeting.

The zoom link will be shared in the events section of our Facebook group, or emailed on request.



## Sholing Support Group

For parents and carers of children who are neurodivergent and/or have mental health needs

Join us for a special support group session run with the **Southampton Mental Health Network**.

A safe, welcoming space to connect with other parents and carers who share similar experiences, share support, and take some time for yourself.

Alongside the usual opportunity to meet others who understand and speak with our trained staff with lived experience, there will also be:

- Arts and crafts
- Colouring
- Air dry clay
- Cake & refreshments

No booking needed. No cost. Just drop in!

10-12, Wednesday 8<sup>th</sup> July

Salvation Army, 93 North East Road, Sholing, Southampton, SO19 8AF  
Near park to the rear via Pembroke Road

